

News Report: KS2 lesson teacher notes

Teacher notes

Description

In this activity children will be shown a spoof news programme which is about an organisation known as the “British Institute of Eating Control (BIEC)” that intends to ban young people under the age of 16 from eating certain foods that are deemed unhealthy and parents being fined £1000. In the programme a number of people give their responses during an interview.

The aim of this activity is to support children in deciding which person from the news interview is more persuasive because of the quality of their argument. Children are also challenged to think of alternative approaches to banning the sale of food. At the end children vote on the BIEC’s proposals and the suggestions for alternatives offered by different groups.

Learning objectives

Children will learn to:

- Make sense of a range of facts and opinions presented to them
- Consider other people’s viewpoints
- Describe some simple positive and negative consequences of a proposal
- Understand the importance of a varied and balanced diet.

Learning outcomes

At the end of the lesson students should be able to:

- make sense of a range of facts and opinions presented to them
- listen to other people’s viewpoints and take them into account when making their own decisions
- describe some simple positive and negative consequences of a proposal
- use their scientific knowledge and understanding about the importance of a varied and balanced diet to make decisions.

Teacher notes

Learning outcomes ...continued

All students will:

- listen to and make sense of what people say and take their views into account when making decisions
- describe positive and negative consequences
- use scientific knowledge and understanding about the importance of a varied and balanced diet in their decisions.

Most students will:

- listen to and make sense of what people say
- say what they think is good or bad about something
- say whether or not they agree to allowing the food bar to be sold
- suggest which foods are healthy.

Some students will also:

- make additional arguments using information not provided
- explain positive and negative consequences
- suggest why some foods are better as part of a balanced and varied diet than others.

Lesson resources

- Video 1 for pupils, to be used in class – 'Eating Whatever You Like?' - www.teachers.tv/videos/eating-whatever-you-like
- Video 2 for pupils, to be used in class - 'News Report' - www.teachers.tv/videos/news-report
- News Report KS2 Lesson Activity Sheets – download these at www.teachers.tv/junk-food-science. For this lesson you need the sheet: 'Alternative Ideas'.
- Presentation for use in class – 'News Report KS2 Lesson Sample Slides' – download this at www.teachers.tv/junk-food-science
- Large sheets of paper e.g. flip chart paper
- Flip chart pens

Teacher notes

Professional development resources

- Video – ‘Teaching the KS2 News Report Lesson’ – www.teachers.tv/videos/teaching-the-ks2-news-report-lesson. Watch this video to see an example of how to teach this lesson.
- Video on using discussion in science lessons – ‘Running Discussions in a KS2 Class’ - www.teachers.tv/videos/running-discussions-in-a-ks2-class
- Presentation that can be used for a training session on how to run discussions in science lessons – ‘Running Discussions KS2 CPD Slides’ – download this at www.teachers.tv/junk-food-science

Running the activity

Starter (10 minutes)

You could either show the ‘Eating Whatever You Like?’ video, featuring Stefan Gates, and then use the following activity prior to showing the ‘News Report’ video or go straight into using the following activity and then show the News Report video.

Explain to children that they are going to watch a video showing a news report about an organisation known as the British Institute of Eating Control. Ask the children to share their ideas with their talk partner about what they think that this organisation might do. After one minute ask them to share ideas with another pair on their table, then the pairs share with the others on their table. Next ask each table to share ideas with the whole class.

Tell the children that they will watch a news report and at the end use the sheet of paper on their desk to write down as many things that they can remember people said on the video. Explain that they should not worry about remembering everything the first time; they will be able to watch the video again.

Main

Activity 1 (10 minutes)

Show children the video. When it has finished, ask the children to think about whether their idea of what they thought the BIEC did, was correct. Ask the children the following questions

- What does the BIEC want to do?
- Why does the BIEC want to ban some foods and fine parents?
- Who was interviewed?
- Did everyone on the video agree with the BIEC’s proposal? How did you know?

Teacher notes

Running the activity ...continued

Activity 2 (15 minutes)

Show the video again.

Tell the children that they are going to watch the video a second time, this time in their groups they are going to record information and facts from the video. The children record information individually on a small whiteboard, while watching the video.

When the video has finished give the children 5 minutes to share all the information they have recorded on their white boards, as a group on a big sheet of paper. Then discuss with the children what a 'fact' is and what an 'opinion' is, give the children general examples, e.g. 'Katie is a girl' (fact), 'I think that Year 5 is the best class in the school' (opinion).

Tell the children that they are going to use two different coloured highlighters to circle all the facts on their page in yellow and the opinions in blue. Give the children 5 minutes, after which each group will feed back to the rest of the class 1 opinion and 1 fact from their sheets.

Activity 3 (30 minutes)

In this activity tell the children that they are going to discuss the following question in their groups.

Do you think that the BIEC should ban the sale of foods to young people under 16?

Give them another large sheet of paper to use to record their thinking about the above question.

The children have to come up with five negative and five positive things within their group and record them in two circles, a positive circle and a negative circle.

At the end of this time bring the children back together and ask two children from each group to report back a positive and negative from their groups thinking.

Plenary (15 minutes)

Ask the children to think about the following question:

How would you feel if you went into a shop and someone refused to sell you a fizzy drink, some sweets or a pizza?

Take about 10 children's opinions and ask a child to record this on the IWB.

Ask the children:

'If you were given the choice how would you solve the problem of children eating Junk Food?

Teacher notes

Plenary (15 minutes) ...continued

Tell the children to turn to the person next to them and brainstorm ideas. Then take a few suggestions and ask a child to record them on the IWB.

Or give children time to write down their ideas on the Student Sheet: Alternative Ideas which supports children in discussing ideas about what different groups of people could do to stop young people eating junk food and eat more healthily.

- What can schools do?
- What can young people do for themselves?
- What parents can do?

Children could then vote, using the red and green cards, whether they think the BIEC should ban some foods for under 16s and fine parents £1000. The children hold up a red card for No and a green card for Yes. Then talk about the result of the vote and ask the children to come to a whole class conclusion.

Extension work

Ask children to discuss, in their groups, how they would find out what other people in the school think about the idea of banning certain food from being sold to under 16s.

If children suggest, for example, that they could carry out a survey, ask the groups to plan how they would carry it out. What would they have to think about? For example:

- What questions would you ask?
- Who would you ask?
- When would they collect their data?
- How would you record their views?

Additional ideas

Activity 1

Children could 'traffic light' foods that they eat regularly,

- red for foods that should be eaten as a treat
- amber for foods that can be eaten but not everyday
- green for foods that should be eaten everyday or several times a week

Once they have decided on their list of foods and highlighted them as red, amber or green, challenge children to create a poster or a leaflet to explain the traffic light system to different audiences, for example, parents and children.

Teacher notes

Activity 1 ...continued

Ask children to keep a food diary and traffic light what they eat over a week. Then tell the children that for foods that they have highlighted as red they must swap for an amber or green food.

Activity 2

Children could carry out a survey of their class or year group to identify how much of the proposed banned foods they eat in one week. The children will need to design the questionnaire, collate, process, analyse, and report their findings. They could carry out a second survey to identify which alternative healthy foods or meals would be most popular.

Activity 3

Children could design healthy menus for a week at home or in the school canteen. They could develop recipes and shopping lists for these recipes. They could also prepare one of the meals.

The school could also organize a food fair or international lunch where children prepare and share foods from across the World.

Activity 4

Children could produce posters to encourage healthy eating in the school canteen or local community

Activity 4

Children could develop plays based on the BIEC proposal and it's possible effects in the school, home or community. They could also perform role plays based on public reaction.

Useful weblinks

www.eatwell.gov.uk/healthydiet/

This government body provides useful advice on healthy eating in an approachable and understandable form. It includes video clips and links to other sites as well as advice on wider food safety.

www.bbc.co.uk/food/diets/healthy

This website has a selection of recipes for people who need specialist diets.

www.en.wikipedia.org/wiki/Healthy_diet

Wikipedia provides useful text-based information on healthy diets including insights from other countries.

Teacher notes

Useful weblinks ...continued

www.topmarks.co.uk/Search.aspx?Subject=22

Suggests resources from a variety of websites

www.bbc.co.uk/northernireland/schools/4_11/uptoyou/index.shtml

Interactive site for children

Links to other useful Teachers TV videos

'Science of Food' (a bank of 5-minute videos for pupils)

www.teachers.tv/series/science-of-food

Examining the properties of different foods and how different foods can help with physical and mental ability.

'Eat Better, Do Better'

www.teachers.tv/series/eat-better-do-better

The science behind healthy food and why it's crucial to consider what pupils eat, plus clever ideas to transform school meals and encourage healthy eating.

'Healthier Living'

www.teachers.tv/series/healthier-living

Find out about some innovative initiatives to boost pupils' health.